

NEATH PORT TALBOT COUNTY BOROUGH COUNCIL

Children, Young People and Education Scrutiny Committee

22 October 2015

Report of the Child and Adolescent Mental Health Services - C.Ball and S.Harrop-Griffiths

Matter for Information

Wards Affected:

All wards

Child and Adolescent Mental Health Services Briefing for Neath Port Talbot County Borough Council Scrutiny Committee

1. Purpose of the Report

To provide an update on the arrangements for the planning and provision of services for Children and Young People with Emotional and Mental Health needs in the ABMU Health Board area.

2. Background

At any one time in the UK, 1 in 10 children and young people to age 18 has a mental health need. Many of these individuals will benefit from early help and support with some requiring help from specialist mental health services. In order to ensure good mental health and emotional well being in children and young people, a multi-agency and multi-disciplinary approach is required involving a wide range of partners across the statutory and non statutory sector.

Services for children and young people with emotional and mental health needs are generally commissioned and provided across 4 levels of care:

- Universal services such as early years services and primary care
- Targeted services such as youth offending teams, primary mental health workers, and school and youth counselling (including social care and education)
- Specialist community Child and Adolescent Mental Health Service
- Highly specialist services such as inpatient services and very specialised outpatient services.

It must be remembered that Child and Adolescent Mental Health Services (CAMHS) need to be commissioned and provided across a tiered continuum including the third sector, education, justice, social services and primary care. Specialist CAMHS are part of the continuum of services, being commissioned from Cwm Taf by Abertawe Bro Morgannwg University (ABMU) Health Board and the Welsh Health Specialised Services Committee (WHSSC). Services are also commissioned independently by Swansea, Neath Port Talbot and Bridgend County Borough Councils. The annual funding to Cwm Taf Health Board for the provision of these services across the NHS and local authority is currently £3.236m as set out in the table below:

Details	£m
Paid via the Long Term Agreement (LTA) as a block arrangement for CAMHS services. Commissioned corporately by ABMU.	2.386
Paid via invoices by Cwm Taf relating to specific historic posts/services. Commissioned by ABMU localities.	0.626
Funding provided to Cwm Taf by Bridgend, NPT and Swansea CBCs and the South East Wales Network.	0.224
Total	3.236

3. Current Service Provision

The current service model across the ABMU Health Board area has evolved based on historical activity and provision is

therefore not always necessarily reflective of the current needs of the resident population. Furthermore, the specialist CAMHS service is experiencing significant demands on its services with waiting times for care having increased and gaps in service provision across the Health Board area having been identified.

It has been identified that the current model of service provision needs to be reviewed. The aim will be to ensure that children and young people receive the best possible care that will meet their needs from the right professional, in the right place, at the right time, and in environments which are appropriate, modern and fit for purpose.

4. Multi-agency Planning Arrangements

The ABMU Health Board, with partners from the Western Bay, has established a Children and Young People's Emotional and Mental Health Planning Group to develop and agree a service model for mental health and emotional well being for children and young people resident within the Health Board area. The objective of this group is to jointly develop, agree and commission a service specification that provides seamless care from primary or direct contact services, through to the most specialist interventions in inpatient units, residential schools and specialist social care services.

The established group is multi agency and recognises the complexity of the interrelated services that will need to be coordinated to provide seamless care. A number of workstreams have commenced with senior leadership which will enable the service model and service specification to be as robust as possible. These workstreams are set out below:

- Crisis admission pathway.
- Learning Disability / Neuro developmental disorder.
- CAMHS core business.
- Transition.
- Mapping of existing services.
- Looked after children and special education needs.
- Addressing mental health problems in children and young people in the Youth Justice System.
- Emotional / Mental Health needs and Substance Misuse

The workstreams are taking forward the development of a service model and associated service specifications which will set out the levels, standards of care and outcomes from that care that will be expected for all users of mental health and emotional well being services, wherever they enter the care pathway. The service models and service specifications will consider and where appropriate reflect the guidance produced in England by the Joint Commissioning Panel for Mental Health for the commissioners of CAMHS services; and be developed within the context of the Welsh Government 'Together for Mental Health' strategy for mental health and wellbeing in Wales and the 'Together for Children and Young People' Service Improvement Programme launched by the Minister for Health and Social Services on the 26th February 2015.

5. Welsh Government Funding

The Welsh Government has recently announced it will invest an extra £7.6m annually in mental health services for children and young people. The additional funding will help improve specialist CAMHS ability to respond out of hours and at times of crisis; expand access to psychological therapies for young people; improve provision for children and young people in local primary mental health support services and ensure services intervene early to meet the needs of children and young people who develop psychosis.

Funding will also be available to develop services for the most vulnerable young people who are already in, or are at danger of entering, the youth justice system.

The Minister for Health and Social Services has agreed the following split of the £7.6m:

- £2m ASD/ADHD as announced earlier this week.
- £800,000 to improve children and young people provision in Mental Health Measure Local Primary Mental Health Support Services.
- £1.1m to further develop psychological therapy provision for children and young people.
- £800,000 provide early intervention in psychosis.
- £2.7m additional investment in sCAMHS, supporting Together for Children and Young People, enabling assessments to be made when a young person presents in crisis to A&E or arrested under s136.

- £250,000 improving CAMHS access for Youth Offending Teams and those in the secure estate.

The Planning Group has developed proposals in relation to these funding streams that have been submitted to Welsh Government for consideration, all being approved with some conditions with exception of proposal to address needs of children and young people presenting in crisis, agreement having been deferred on all health board proposals until further meeting held on all Wales basis to discuss the different models presented. The Welsh Government has agreed a total of £754,022 recurrent annual funding, implementation to be coordinated via the Planning Group.

6. Together for Children and Young People

The Minister for Health and Social Services launched Together for Children and Young People, a service improvement programme to improve the emotional and mental health of children and young people in Wales at a national conference on the 26th February 2015. Led by the NHS in Wales, this multi agency programme will receive expert advice and scrutiny from Professor Dame Sue Bailey to deliver change at a pace building on best practice from within Wales, across the UK and beyond.

Specific areas of work have been identified including:

- The provision of an evidence based needs assessment and review. The review of national policy and other guidance and recommendations. Equity of access to Wales to CAMHS.
- A clarity in planning processes and more mature commissioning.
- The resilience building of all children and young people (CYP).
- Support to CYP with Neurodevelopmental issues and a Learning Disability (LD).
- The provision of lower level support and Early Intervention services.
- Increased access to psychological therapies.
- The future role and core business of specialist CAMHS.
- Well planned and managed transition to Adult MH Services.

This will be progressed through a number of theme based priority work streams:

- Early Years and Wellbeing.
- Enhanced Support and Early Intervention.
- Neuro Developmental and LD.
- Specialist CAHMS.

7. CAMHS Quality and Delivery Framework

As part of the Together for Children and Young People improvement programme, the CAMHS clinical leads have agreed with the Welsh Government to undertake a comprehensive baseline assessment of current CAMHS services across Wales which will support the production of a CAREMORE Quality and Delivery Framework. The baseline assessment has been undertaken against the seven domains of CAREMORE, namely:

- Care standards – the right expectations are defined for quality and safety.
- Activity – the right capacity is available to meet the right demand.
- Resource Envelope – the right ambition to make best use of all existing resources.
- Model of care – the right staff, at the right place, at the right time.
- Operations – the right interaction between patients, professionals and organisations.
- Review – the right measures, monitoring and management to ensure continuous improvement.
- Evaluate – the right patient outcomes from the right patient experience at the right cost.

The audit has been completed, a national report to be produced with recommendations for Wales as a whole and also to illustrate individual Health Board performance and levels of demand.

8. Current Progress

The Planning Group workstreams have taken forward a number of pieces of work including:

- Development of pathway for children and young people presenting to emergency department following incident of self harm or overdose.
- Draft service specification for specialist CAMHS.
- Mapping of existing services for emotional health and well-being for children and young people resident in ABMU area.
- Draft protocol regarding transition from CAMHS to Adult Mental Health services.

Additional work is continuing to be undertaken in a number of areas:

- Development of service model for universal services focusing on positive early year's experiences and early intervention approach.
- Development of service model and associated specification to deliver local primary mental health support services for children and young people.
- Training to equip education and health facilitators with tools they need to engage young people around issues of mental health and well-being.
- Development of service model and associated specification for Neuro Developmental Disorder.
- Development of service model and associated specification for children and young people with emotional/mental health needs and Learning Disability.
- Development of service model and associated specification for children and young people with emotional/mental health needs and substance misuse needs (through Area Planning Board).
- Development of service model and specification for first episode psychosis.
- Development of service specification to address differential geographic provision of CAMHS in Youth Offending Service that serves residents of ABMU.

9. Next Steps

Discussion will be required as to the financial mechanism for the commissioning of CAMHS services, and it is anticipated that this can be handled by a single commissioning approach representing both the Health Board and the local authorities. It is envisaged that the Health Board Children and Young People

Commissioning Board will host the ongoing commissioning of CAMHS services.

A project plan has been developed with associated timescales and milestones for the implementation phase of the specialist CAMHS specification and for the development and implementation phases of the specification for services to be delivered at tiers 1 and 2.